

LEAMINGTON C&AC

A 10 mile 2-up Team Time Trial for Lady-and-Gent teams & a 10 mile Time Trial for Solo riders
For and on behalf of Cycling Time Trials under their rules and regulations
On Saturday 6th September 2014, Start 14:00hrs.
Course K11/10T (Thurlaston – Ryton - Thurlaston)

Another Myton Hospice benefit event

Timekeepers: Mr Charles Barnett (Stratford CC) and Mr Peter Chronicle (LC&AC)
Promoter: Steve Walker, 34 The Greswoldes, Radford Semele, Leamington Spa CV31 1TP
Telephone 01926 882037; e-mail s.jwalker@virgin.net
Refreshments: Mrs Jan Ford (LC&AC) & Mrs Peggy Humphreys (Cov CC).
Chief Marshal: Mr Eoin O'Flynn (LC&AC).
Signing on Steward Anna Maloney
Marshals & Helpers: Members and friends of Leamington C&AC, without whom this event would be impossible to run.

HEADQUARTERS: Cawston Grange Primary School, Scholars Drive, Cawston, Rugby CV22 7GU.
Open from 13.00hrs

- Numbers will be available at the hall, exchange your number for a drink after your ride.
- Riders in each 2-up team are to wear identical numbers, and are reminded of CTT regulation 32, particularly - (d), "Footnote: All riders in a team are encouraged to wear clothing of a similar colour and design" (2013 Handbook p331).
- Please do not walk into the school hall in cleated shoes, thank you.
- NO ANIMALS in the hall, please.
- Parking at the Start and Finish is restricted for officials only.
- NO WARMING UP on the course after 2pm – NO EXCUSES
- Allow at least 15 minutes to ride from HQ to the Start, it is approx. 3.5 miles away.
- **If you want to drive to the start, please use the truck layby accessible immediately off the M45 island. There is only limited parking near the start and finish, do not obstruct the layby at the start.**
- Riders - Do not stand on the dual carriageway when you reach the Start. Please wait in the lay-by or on the grass verge area.
- After finishing the event, continue along the Coventry Road to Adkinson Avenue, and turn left to return to HQ.

All profits from sale of refreshments will be donated to Myton Hospice, Warwick. The Club has supported the Hospice over a number of years, raising over £2000 in total. Please donate any spare cash in the collecting tin. Thank you.

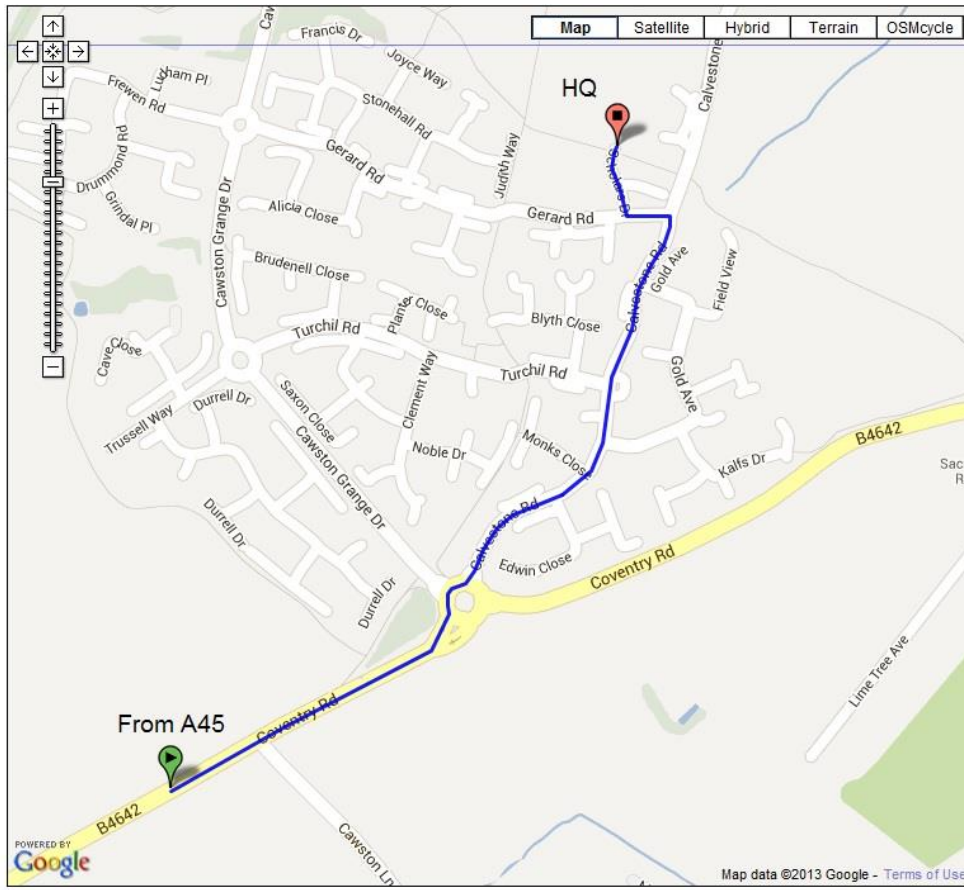
Prizes

2-up Event	
Fastest team overall	£40
Fastest Age Group A – Aggregate age 80+ (not winners)	£30
Fastest Age Group B – Aggregate age <80 (not winners)	£30
Solo Event	
Fastest overall	£50
Second overall	£30
Third overall	£20
Fastest Woman	£50
Next Fastest Vet on Scratch (not in top 3)	£20
Best comparison on PB – Men & Women	£20 each.
2 nd best comparison on PB – Men & Women	£15 each

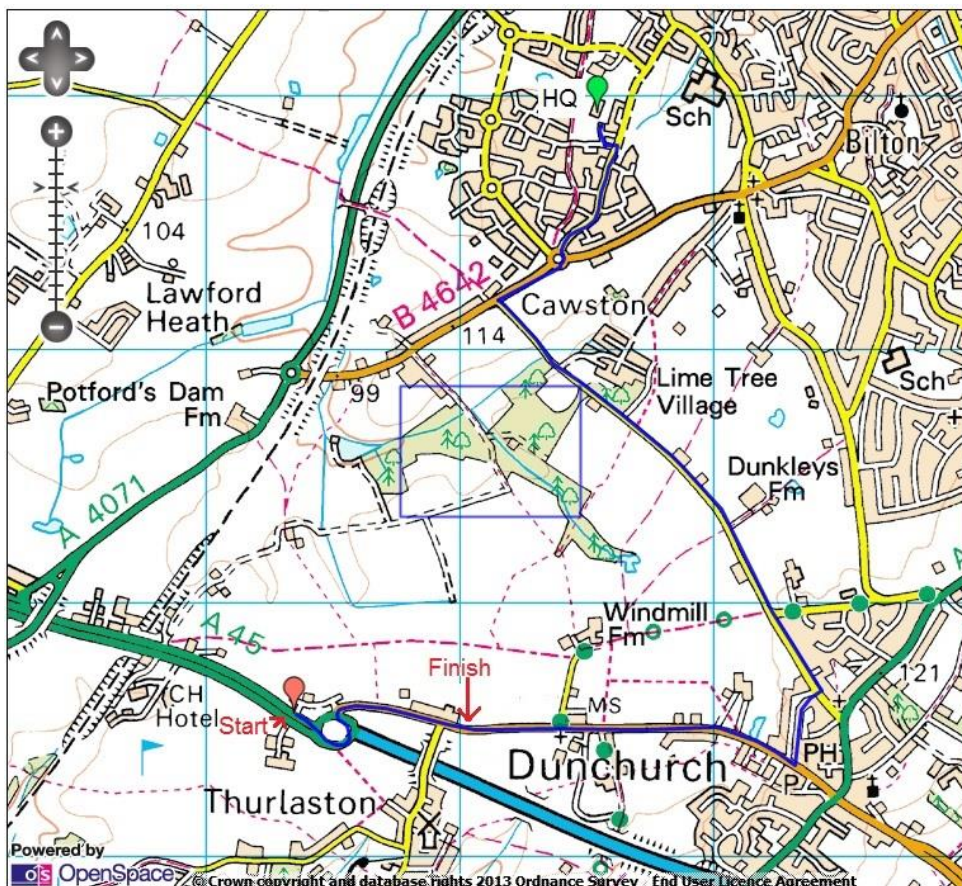
One rider, one prize rule applies, means that prizes cascade down to the next qualifying rider

www.leamingtoncyclingandathletics.org.uk

Route from Coventry Road to HQ

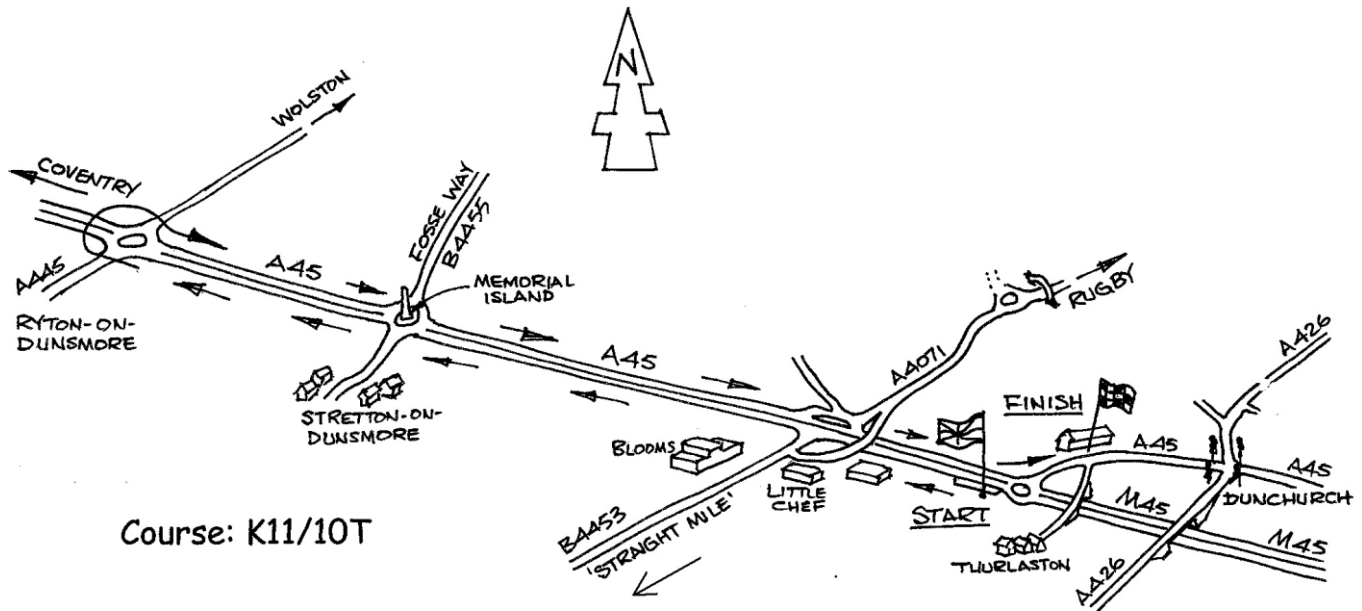


Route to Start & Finish - to avoid A45 while event is under way



Course Description:

Grid ref	Details	Distance (miles)
SP 460718	Start in lay-by 200 yds. west of the A45/M45 Thurlaston island, at the 3rd join in the concrete apron.	0
SP 415732	At island junction with B4455 (Fosse way) take second exit (A45)	3.146
SP 391741	At island junction with A445 encircle the island to retrace (A45)	4.776
SP 415732	Past island at junction with B4455 (Fosse way)	6.384
SP 465715	At A45/M45 turn left (B4429)	9.649
SP 469715	Finish 60 yards past the turn to Thurlaston (Main Street), in line with the eastern and the exposed gate post immediately past the property named "Newhaven."	10
Course Record	18:25 set by Matt Bottrill, July 27 2013, Rugby RCC event	



IN THE INTERESTS OF YOUR OWN SAFETY, Cycling Time Trials and the event promoters strongly advise you to wear a HARD-SHELL HELMET that meets an internationally accepted safety standard – keep your head up and have a safe ride!

In accordance with Regulation 15 ALL JUNIOR competitors must wear helmets.

It is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position visible to following road users and is active whilst the machine is in use during the event.

And finally a couple of requests on behalf of ALL organizers:

- Make a resolution to use the latest available CTT entry form.
- If you do fill in forms by hand, please write clearly, e-mail addresses in particular are complicated enough without extra hassle.

Leamington C & AC Mixed 2-up TTT & Solo TT, 06 Sept 2014 - course:K11/10T						
No	Names	Club or Team	Age group			Start
2	Chris Walker	Leamington C & AC	B			14:02
	Steve Walker					
4	Moira Goodway	Banbury Star CC	B			14:04
	Chris Noble					
6	Rhiannon Davies	RST Sport - Media Velo	A			14:06
	James Middleton					
8	Becky Puddle	Micky Cranks CC	B			14:08
	Toby Goodchild					
10	Debbie Sheridan	Warwickshire RC	B			14:10
	Ian Ingram					
12	Stephanie Tombs	Micky Cranks CC	A			14:12
	Andy McIntyre					
14	Kate McNeill	Berkshire Tri Squad – Team Cherwell	B			14:14
	Robert Frowen					
16	Ann-Marie Clark	Micky Cranks CC - Oxonian CC	A			14:16
	Thomas Yeatman					

Solo Riders

No	Names	Club or Team		Age	PB	Start
20	Richard Howes	Coventry RC	V	54	0-20-20	14:21
21	Shin Braich	Leamington C & AC	V	46	0-22-13	14:21
22	Andrew Simpkins	Solihull CC	V	60	0-22-55	14:22
23	Tony Smith	Leamington C & AC	V	67	0-24-03	14:23
24	Keith Fitzgerald	Stratford CC	V	61	0-25-47	14:24
25	Jason Haynes	Leamington C & AC	V	41	0-20-55	14:25
26	Lewis Jones	Rugby Racing CC	S	30	0-22-32	14:26
27	Nicholas Burton	Newark Castle CC	S	38	0-23-23	14:27
28	Richard Kings	Beacon Roads CC	V	50	0-24-43	14:28
29	Peter Timmins	Rugby Racing CC	V	52	No info	14:29
30	Jeremy Stone	Solihull CC	V	50	0-20-06	14:30
31	Keith Burden	Rugby Racing CC	V	40	0-22-11	14:31
32	Olav Martin-Giles	Media Velo	V	44	0-22-55	14:32
33	Paul Gardiner	Concorde CC	V	54	0-24-11	14:33
34	John Frydman	Leamington C & AC	V	69	0-25-42	14:34
35	Jonathan Ellis	Royal Sutton CC	S	32	0-21-25	14:35
36	Paul Haslam	Birmingham Midland CC	V	49	0-22-32	14:36
37	Ryan Ballard	Coalville Wheelers	S	23	0-23-21	14:37
38	Bill Bentley	CC Giro	V	72	0-24-42	14:38
39	Ali Mout	Team Jewson - MI Racing	W	27	No info	14:39
40	Ian Heming	Team Echelon - Rotor	V	41	0-20-43	14:40
41	Peter Delves	Coventry RC	V	62	0-22-10	14:41
42	David Kimberley	Rugby Racing CC	V	49	0-22-55	14:42
43	Annis Moore	Stafford RC	WV	47	0-23-54	14:43
44	Preston Eckloff	Warwickshire RC	V	54	0-25-32	14:44
45	Phil Clark	Rugby Velo Club	V	51	0-21-20	14:45
46	Michael Stellakis	Stratford CC	V	47	0-22-18	14:46
47	Freddy Loveday	Leamington C & AC	J	16	0-23-16	14:47
48	Anne Portsmouth	Rugby Racing CC	WV	43	0-24-42	14:48
49	Grant Warwick	Welland Valley CC	V	68	0-26-01	14:49
50	Chris Spencer	RLS Cycling Club	S	26	0-20-33	14:50
51	Peter Wright	Rugby Racing CC	V	50	0-22-07	14:51
52	Martin Moore	Stafford RC	S	24	0-22-34	14:52
53	Gary Howes	Rugby Racing CC	S	39	0-23-30	14:53
54	John Davidson	Welland Valley CC	V	62	0-25-27	14:54
55	David Schofield-Newton	LeisureLakesBikes.com	V	52	0-21-18	14:55

56	Steven Loraine	Hinckley CRC	V	58	0-22-22	14:56
57	James Tate	Beacon Roads CC	S	39	0-23-12	14:57
58	David Mitchell	Saracen RC	V	71	0-24-39	14:58
59	John Griffin	Elizabethan CC	V	76	0-29-10	14:59
60	Jeremy Pile	VC Sevale (Malvern)	V	40	0-20-30	15:00
61	Matthew Moore	Stafford RC	V	48	0-22-01	15:01
62	Ewan Gibb	Stratford CC	S	34	0-22-45	15:02
63	Andrew Waters-Peach	Birmingham Midland CC	V	48	0-23-35	15:03
64	Steve Lawrence	Cycle Sport South Hams	V	67	0-25-16	15:04
65	Mike Stallard	Stratford CC	V	44	0-21-05	15:05
66	Mark Burnham	Coventry RC	V	52	0-22-30	15:06
67	Chris Parsons	Rugby Racing CC	V	49	0-23-12	15:07
68	Murray Kirton	A5 Rangers CC	V	73	0-24-38	15:08
69	Graham Hewson	Simonstrong Campaigners	V	61	0-28-59	15:09
70	Richard Bradley	Team Echelon - Rotor	V	47	0-20-24	15:10
71	Roger Foster	Club Corley Cycles	V	54	0-21-55	15:11
72	Mark Cooper	Redditch R & P CC	V	56	0-22-44	15:12
73	Jake Hubbard	Welland Valley CC	S	18	0-23-35	15:13
74	Steve Lawrence	RLS Cycling Club	S	35	0-25-19	15:14
75	Cameron Foster	Team Corley Cycles	S	21	0-21-00	15:15
76	Steve Mountford	Solihull CC	V	53	0-22-29	15:16
77	Derek McGinnigle	Royal Sutton CC	V	48	0-23-11	15:17
78	John Pitman	Leamington C & AC	S	31	0-24-31	15:18
79	Bernard Smith	Kettering CC	V	78	0-28-37	15:19
80	David Kiernan	Team Corley Cycles	V	41	0-20-23	15:20
81	Jon Wood	Coventry CC	V	49	0-21-51	15:21
82	Ron Clews	Team Cool	V	53	0-22-43	15:22
83	Nigel Finch	Mercia Lloyds Cycles CC	V	59	0-23-29	15:23
84	Simon Griffin	Worcester St John's CC	V	43	0-25-21	15:24
85	Mark Thomas	Leamington C & AC	V	41	0-20-59	15:25
86	Peter Blackwell	Solihull CC	V	42	0-22-17	15:26
87	Martin McGowan	Beacon Roads CC	V	43	0-23-06	15:27
88	Linda Hubbard	Welland Valley CC	WV	48	0-24-28	15:28
89	Tom Bailey	Kettering CC	V	77	0-27-41	15:29
90	Paul Edwards	Walsall Roads CC	S	32	0-20-44	15:30
91	John Howard	Wyre Forest CRC	V	45	0-21-43	15:31
92	Paul Guest	Worcester St John's CC	V	44	0-22-37	15:32
93	Chris Ward	Redditch R & P CC	V	59	0-23-38	15:33
94	Stephanie Peters	Hinckley CRC	WV	40	0-25-10	15:34
95	Eddy Priddy	Solihull CC	V	55	0-21-30	15:35
96	Robert Harrison	Worcester St John's CC	S	25	0-22-30	15:36
97	Garry Shuker	Walsall Roads CC	V	59	0-23-06	15:37
98	Bob Awcock	Coventry RC	V	70	0-24-28	15:38
99	Colin Howson	Coalville Wheelers	V	57	0-27-02	15:39
100	Tom Ward	Team Echelon - Rotor	S	20	0-19-44	15:40
101	Matt Jones	Rugby Racing CC	S	32	0-21-37	15:41
102	Libby McLaren	Coventry RC	W	39	0-22-36	15:42
103	James Middleton	Media Velo	S	25	0-23-30	15:43
104	Chris Spray	Ratae RC	V	48	0-25-09	15:44
105	Richard Palmer	VC 10	S	27	0-20-54	15:45
106	Kean Bendelow	Worcester St John's CC	V	44	0-22-30	15:46
107	David Yarham	Peterborough CC	V	62	0-23-05	15:47
108	Paul Haynes	Saracen RC	V	53	0-24-24	15:48
109	Keith Weyman	Worcester St John's CC	V	78	0-26-47	15:49
110	Scott Westwood	Walsall Roads CC	V	42	0-19-22	15:50

111	Richard Chamberlain	Coventry RC	V	50	0-21-35	15:51
112	John Bourton	Bicester Millennium CC	V	61	0-22-48	15:52
113	Chris Jennings	Beacon Roads CC	V	41	0-23-26	15:53
114	Aaron McCulloch	Worcester St John's CC	S	38	0-24-59	15:54
115	Justin Walters	Wyre Forest CRC	V	43	0-20-53	15:55
116	Dave Walker	Worcester St John's CC	V	51	0-22-14	15:56
117	Vincent Jenkins	LeisureLakesBikes.com	V	74	0-23-05	15:57
118	John Grumbley	Coventry RC	V	70	0-24-17	15:58
119	Dan Gulliver	Leamington C & AC	V	74	0-26-02	15:59
120	Jon Simpkins	www.drag2zero.com	V	43	0-18-53	16:00
121	Matthew Nell	Team Jewson - MI Racing	S	37	0-21-31	16:01
122	Elliot Maynard	Media Velo	S	25	0-22-34	16:02
123	Lucy Walters	Wyre Forest CRC	WV	43	0-23-26	16:03
124	James Flahey	Coalville Wheelers	S	21	0-24-50	16:04
125	Mark Corbett	Worcester St John's CC	V	41	0-20-49	16:05
126	Jeff Matthews	Team Echelon - Rotor	V	56	0-22-29	16:06
127	Russell Green	Team Jewson - MI Racing	V	51	0-22-59	16:07
128	Andrew Gardner	Coventry RC	V	67	0-24-16	16:08
129	Riaz Rahman	Kenilworth Wheelers	S	34	0-29-55	16:09
130	Matt Sinclair	Lutterworth Cycle Centre RT	S	35	0-18-47	16:10

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